

RespectFEST

MARCH 29, 2020 1PM - 4PM

WHEATON COMMUNITY RECREATION CENTER

- ★ Emceed by Alex from the MoCoShow / MoCoSnow! 
- ★ Celebrate healthy relationships!
- ★ Learn about dating violence prevention and the resources in the community
- ★ For Middle & High School Students, Parents, Educators & Youth Serving Providers

Choose
Respect
Montgomery

#respectfest2020



@chooserespectmontgomery



@choose_respect



Choose Respect Montgomery

Earn SSL Hours!

Activities!

Raffle Prizes!

Free Food!

ENTER
OUR
VIDEO
CONTEST!

ENTER BY FEBRUARY 28, 2020

- ▶ Create a 60-second video about dating violence prevention and getting help.
- ▶ English or Spanish entries accepted
- ▶ Winners will be announced at RespectFest

**1st
PLACE
WINS
\$1,000!**



Choose Respect Montgomery is an initiative through the Montgomery County Domestic Violence Coordinating Council

<https://tinyurl.com/respectfest2020>

Teen dating abuse is a pattern of physically, sexually, verbally, and/or emotionally abusive or controlling behavior in a dating relationship.

Warning signs someone may be experiencing abuse: ♦

- Their partner calls them names or puts them down in front of others.
- Their partner gets extremely jealous when they talk to other people.
- They apologize for their partner's behavior and make excuses for it.
- They frequently cancel plans at the last minute for reasons that sound untrue or they give up things they used to enjoy doing.
- Their partner is always checking up, calling or texting and demanding to know who they're with and where they've been.
- They're constantly worried about upsetting their partner or making them angry.
- Their weight, appearance or grades have changed dramatically.
- They have injuries they can't explain or the explanations they give don't make sense.

Warning signs from someone who may be an abuser: ♦♦

- They check their partner's cell phones, emails or social networks without permission.
- They are extremely jealous or insecure, and have mood swings.
- They constantly put their partner down.
- They have an explosive temper and constantly make false accusations.
- They isolate partner from family and friends.
- They are physically violent.
- They are possessive.
- They pressure partner to have sex.

Resources in the Community

Montgomery County Family Justice Center: 240-773-0444

600 Jefferson Plaza Suite 500 Rockville, MD 20852

Open Weekdays from 8:30 a.m.-5:00 p.m.

* Parental accompaniment needed if under age 18.

JCADA, Jewish Coalition Against Domestic Abuse: 1-877-88-JCADA

Open Weekdays from 9:00 a.m.- 5:00 p.m.

Rockville, MD

* Serve any residents of Greater Washington ages 14 and up.

Montgomery County Crisis Center: 240-777-4000

1301 Piccard Drive, 1st Floor Rockville, Maryland 20850

Open 24 hours a day 7 days a week.

* Parental accompaniment needed if under age 16.

National Dating Violence Hotline

1-866-331-9474

Text: loveis to 22522

How Can I help my friend? ♦♦

1. Start the Conversation - "It's not your fault."
"You don't deserve this."
2. Be Supportive - "I am glad you told me."
"What do you need?"
3. Keep Your Communication Door Open -
"I am here for you."
4. Get Support.

